

# Microblading Aftercare Instructions

## **Before you begin, Wash Your Hands thoroughly.**

Wipe your eyebrows clean with a paper towel and warm water. Be careful not to tug or scrub the brows. Gently apply a thin layer of Coconut Oil 2-3 times daily with a clean cotton swab for 2 weeks.

## **Avoid the following:**

- Touching of the eyebrow area except for when rinsing and applying coconut oil.
- Application of any brow makeup for 2 weeks.
- Facials or skin treatments.
- Scratching/Picking/Removal of scabs, dry skin, or flakiness.
- Direct water on the brows for 1 week.
- Use of cleansers, soaps, and heavy creams. Wash around the areas using a clean cloth or oil-free makeup wipe.
- Activities that will cause sweating for 1 week.
- Swimming pools, hot tubs, or other bodies of water for 2 weeks.
- Sun or UV exposure for 2 weeks
- Exfoliants, retinol acids, or AHA's on the area for 30 days. (Can cause premature fading)

*Before showering apply a layer of Coconut Oil to protect your brows from moisture. During the shower keep your face away from the shower head. Itching and flaking may occur during the first week. The healing of deeper wounds might last between 14-21 days. If you have any unexpected problems with the healing of the skin such as excessive swelling, redness, drainage or discomfort, please follow up with a medical provider.*

## **What To Expect:**

- Your new temporary eyebrow will go through several phases during the healing cycle.
- Initially your brows may seem to be too red and too large. Don't be alarmed, it is normal for the brows to be swollen and red. The brows will be 20-30% smaller when fully healed.
- The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin and has not settled in completely. The color of the pigment will soften gradually.
- Some strokes will disappear and reappear in 2 or 3 weeks. It is perfectly natural to lose 10-15% of your strokes, they will get replaced at your touch-up.
- Do not be alarmed if you see some pigment on the cotton swab as this is excess pigment and/or body fluid that is naturally exiting your skin.

- Once the healing of the skin is taking place it will look like dandruff flakes or dry skin and may feel itchy. This might give you the impression that the color pigment is fading too quickly, however, this is just superficial color and dry skin being naturally removed from your eyebrows.
- Once completely healed, always apply a layer of sunscreen when exposed to the sun. Sun exposure might cause the color pigment to fade away more quickly.
- It takes approximately **1-2 weeks for the brows to heal** over and about 1 month for the color to fully set in.
- A **Touch-Up** is recommended but not required at 6 weeks.
- Enjoy your beautiful, fresh new look!